Quantum optics and information with trapped ions

- Introduction to ion trapping and cooling
- Trapped ions as gubits for guantum computing and simulation

F. Schmidt-Kaler

- Rydberg excitations for fast entangling operations
- Quantum thermodynamics, Kibble Zureck law, and heat engines
- Implanting single ions for a solid state quantum device



Ion Gallery



Innsbruck, Austria: ⁴⁰Ca⁺

coherent breathing motion of a 7-ion linear crystal





Aarhus, Denmark: ⁴⁰Ca⁺ (red) and ²⁴Mg⁺ (blue)

Why using ions?

- Ions in Paul traps were the first sample with which laser cooling was demonstrated and quite some Nobel prizes involve laser cooling...
- A single laser cooled ion still represents one of the best understood objects for fundamental investigations of the interaction between matter and radiation
- Experiments with single ions spurred the development of similar methods with neutral atoms
- Particular advantages of ions are that they are
 - confined to a very small spatial region ($\delta x < \lambda$)
 - controlled and measured at will for experimental times of days
- Ideal test ground for fundamental quantum optical experiments
- Further applications for
 - precision measurements
 - cavity QED
 - optical clocks
 - quantum computing
 - thermodynamics with small systems
 - quantum phase transitions

Introduction to ion trapping

Paul trap in 3D Linear Paul trap

micro traps: segmented linear trap planar segmented trap

Eigenmodes of a linear ion crystal Stability of a linear crystal

planar ion crystals non-harmonic contributions

Micromotion

Modern segmented micro Paul trap





Dynamic confinement in Paul trap

DK 537.534.3 535.336.2

Invention of the Paul trap



FORSCHUNGSBERICHTE DES WIRTSCHAFTS- UND VERKEHRSMINISTERIUMS NORDRHEIN-WESTFALEN

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Ein Ionenkäfig

Als Manuskript gedruckt





WESTDEUTSCHER VERLAG / KOLN UND OPLADEN

Wolfgang Paul (Nobel prize 1989)



1958

Binding in three dimensions

Electrical quadrupole potential $\Phi(\vec{r}) = \Phi_0 \cdot \sum \alpha_i (r_i/\tilde{r})^2$, i = x, y, zBinding force for charge Q $\vec{F}(\vec{r}) = Q\vec{E}(\vec{r}) = -Q\vec{\nabla}\Phi$ leads to a harmonic binding: $\vec{F}(\vec{r}) \sim \vec{r}$

Ion confinement requires a focusing force in 3 dimensions, but

Laplace equation requires
$$\overrightarrow{\nabla}^2 \Phi = (\partial^2/\partial x^2 + \partial^2/\partial y^2 + \partial^2/\partial z^2)\Phi = 0$$

such that at least one of the coefficients α_i is negative, e.g. binding in x- and y-direction but anti-binding in z-direction !

no static trapping in 3 dimensions

Dynamical trapping: Paul's idea

time depending potential
$$\Phi(\vec{r},t) = \Phi_0(t) \cdot (x^2 + y^2 - 2z^2)$$

with

$$\Phi_0(t) = (U + V \cos(\Omega_{RF} t)) / \tilde{r}^2$$

leads to the equation of motion for a particle with charge Q and mass m

$$\ddot{r}_i + \frac{2\alpha_i Q}{mr_0^2} \frac{U + V\cos(\Omega_{RF}t)}{\tilde{r}^2} r_i = 0, \ \alpha_{x,y} = 1, \alpha_z = 2,$$

takes the standard form of the *Mathieu* equation (linear differential equ. with time depending cofficients)

$$\frac{d^2u}{d\tau^2} + (a+2q\cos(2\tau))u = 0$$

with substitutions

$$a_z = -2a_r = -\frac{8QU}{m\tilde{r}^2\Omega_{RF}^2} \qquad q_z = -2q_r = -\frac{4QV}{m\tilde{r}^2\Omega_{RF}^2}$$
radial and axial trap radius $\tilde{r}^2 = r_0^2 + 2z_0^2 \qquad \tau = \frac{1}{2}\Omega_{RF}t$

Mechanical Paul trap

Rotating saddle

$$\Phi(x, y, t) = \Phi_0(t) \cdot (x^2 - y^2)$$

Stable confinement of a ball in the rotating potential





Regions of stability

time-periodic diff. equation leads to Floquet Ansatz

 $x(\tau) = Ae^{+i\mu\tau} \phi(\tau) + Be^{-i\mu\tau} \phi(\tau), \quad \phi(\tau) = \phi(\tau + \pi) = \sum c_n e^{2in\tau}$

If the exponent μ is purely real, the motion is bound,

if µ has some imaginary part x is exponantially growing and the motion is unstable.

The parameters a and q determine if the motion is stable or not. Find solution analytically (complicated) or numerically:



Two oscillation frequencies

slow frequency: Harmonic secular motion, frequency ω increases with increasing q

fast frequency: Micromotion with frequency Ω Ion is shaken with the RF drive frequency (disappears at trap center)



single Aluminium dust particle in trap

3-Dim. Paul trap stability diagram

for a << q << 1 exist approximate solutions

$$r_{i}(t) = r_{1}^{0} cos(\omega_{1}t + \phi_{i})(1 + \frac{q_{i}}{2}cos(\Omega_{RF}t)) \quad 0.1$$

$$a_{z} \quad 0.1$$

$$\beta_{i} = \sqrt{a_{i} + \frac{q_{i}}{2}} \quad 0.1$$

$$0.2$$

$$0.3$$

The 3D harmonic motion with frequency ω_i can be interpreted, approximated, as being caused by a pseudo-potential Ψ

$$Q\Psi = \frac{1}{2} \sum m\omega_i^2 r_i^2, \quad i = x, y, z$$

---- leads to a quantized harmonic oscillator



PP approx. : RMP 75, 281 (2003), NJP 14, 093023 (2012), PRL 109, 263003 (2012)

Real 3-Dim. Paul traps

ideal 3-Dim. Paul trap with equi-potental surfaces formed by copper electrodes



quadrupole trap from Mainz

ideal surfaces:

$$r^2 - 2z^2 = \pm r_0^2$$

endcap electrodes at distance

$$r_0/z_0 = \sqrt{2}$$

but non-ideal surfaces do trap also well:



A. Mundt, Innsbruck

Real 3-Dim. Paul traps

ideal 3 dim. Paul trap with equi-potental surfaces formed by copper electrodes



similar potential near the center

Equipotential lines of a quadrupole potential (left plot) and an approximate quadrupole potential (right). Both potentials have a cylindrical symmetry. The horizontal axis corresponds to the radial direction, the vertical axis is the symmetry axis. The electrode structure shown in the right plot is the one used for the experiments if length is measured in millimeters. It is composed of a ring electrode and two cylindrical electrodes with hemispheric endcaps.

.

non-ideal surfaces

r_{ring} ~ 1.2mm

2-Dim. Paul mass filter stability diagram

time depending potential

with



$$\Phi(x, y, t) = \Phi_0(t) \cdot (x^2 - y^2)$$

$$\Phi_0(t) = (U + V \cos(\Omega_{RF} t)) / r_0^2$$

dynamical confinement in the x- y-plane

$$\ddot{x} + (a - 2q\cos(2\tau))x = 0$$
$$\ddot{y} - (a - 2q\cos(2\tau))y = 0$$

with substitutions

$$a_i = -\frac{4QU}{mr_0^2 \Omega_{RF}^2} \qquad q_i = -\frac{2QV}{mr_0^2 \Omega_{RF}^2} \qquad \tau = \frac{1}{2}\Omega_{RF}t$$

radial trap radius r_0

2-Dim. Paul mass filter stability diagram



$$\omega_i = \beta_i \frac{\Omega_{RF}}{2}$$
$$\beta_i = \sqrt{a_i + \frac{q_i}{2}}$$

$$a_i = -\frac{4QU}{mr_0^2 \Omega_{RF}^2} \qquad q_i = -\frac{2QV}{mr_0^2 \Omega_{RF}^2} \qquad i = x, y$$

A Linear Paul trap

plug the ends of a mass filter by positive electrodes:



Numerical tools: RMP 82, 2609 (2010)

Innsbruck design of linear ion trap



Blade design



 $\omega_{axial} \approx 0.7 - 2 \text{ MHz} \qquad \omega_{radial} \approx 5 \text{ MHz}$

F. Schmidt-Kaler, et al., Appl. Phys. B 77, 789 (2003). *trap depth* $\approx eV$

Ion crystals: Equilibrium positions and eigenmodes

Equilibrium positions in the axial potential

$$V = \sum_{m=1}^{N} \frac{1}{2} M v^2 x_m(t)^2 + \sum_{\substack{n,m=1\\m\neq n}}^{N} \frac{Z^2 e^2}{8\pi\epsilon_0} \frac{1}{|x_n(t) - x_m(t)|},$$

trap potential mutual ion repulsion
find equilibrium positions x^0 : $x_m(t) \approx x_m^{(0)} + q_m(t)$ ions oscillate with $q(t)$ arround
condition for equilibrium: $(\partial V / \partial x_m)_{x_m = x_m^{(0)}} = 0$
dimensionless positions $u_m = x_m^{(0)} / l$ with length scale $l^3 = \frac{Z^2 e^2}{4\pi\epsilon_0 M \omega_{ax}^2}$
 $4^0 Ca^+ at \ 1MHz \to 4.5 \mu m$

$$\longrightarrow \quad u_m - \sum_{n=1}^{m-1} \frac{1}{(u_m - u_n)^2} + \sum_{n=m+1}^N \frac{1}{(u_m - u_n)^2} = 0$$

$$(m = 1, 2, \dots N) .$$

D. James, Appl. Phys. B 66, 181 (1998)

Equilibrium positions in the axial potential



Linear crystal equilibrium positions



minimum inter-ion distance:

$$u_{min}(N) = \left(\frac{Z^2 e^2}{4\pi\epsilon_0 M\omega_{ax}}\right) \frac{2.018}{N^{0.559}}$$

H. C. Nägerl et al., Appl. Phys. B 66, 603 (1998)

Eigenmodes and Eigenfrequencies

Lagrangian of the axial ion motion: L = T + V describes small excursions arround equilibrium positions $= \frac{M}{2} \sum_{m=1}^{N} (\dot{q}_m)^2 - \frac{1}{2} \sum_{m=1}^{N} q_n q_n (\frac{\partial^2 V}{\partial x_n \partial x_m})_0 + \dots$ D. James, Appl. Phys. $= \frac{M}{2} \left(\sum_{m=1}^{N} \dot{q}_m^2 - \omega_{ax}^2 \sum_{m=1}^{N} A_{nm} q_n q_n \right)$ B 66, 181 (1998) with $A_{mn} = 1 + 2\sum_{\substack{n \neq m \\ n = 0}}^{N} \frac{1}{|u_m - u_n|^3}$ if m = nand $A_{mn} = -\frac{2}{|u_m - u_n|^3}$ if $m \neq n$

linearized Coulomb interaction leads to Eigenmodes, but the next term in Tailor expansion leads to mode coupling, which is however very small. C. Marquet, et al., Appl. Phys. B 76, 199 (2003)

Eigenmodes and Eigenfrequencies



Common mode excitations

position

H. C. Nägerl, Optics Express / Vol. 3, No. 2 / 89 (1998).

time

Center of mass mode

 ω_{ax}

breathing mode

 $\sqrt{3} \omega_{ax}$

Breathing mode excitation



H. C. Nägerl, Optics Express / Vol. 3, No. 2 / 89 (1998).

1D, 2D, 3D ion crystals

- Depends on $\alpha = (\omega_{ax}/\omega_{rad})^2$
- Depends on the number of ions $a_{crit} = cN^{\beta}$

Wineland et al., J. Res. Natl. Inst. Stand. Technol. 103, 259 (1998)

Enzer et al., PRL85, 2466 (2000)

- Generate a planar Zig-Zag when $\omega_{ax} < \omega^{y}{}_{rad} << \omega^{x}{}_{rad}$
- Tune radial frequencies in y and x direction

D



There are many structural phase transitions!

- Vary anisotropy and observe the critcal α_i
- Agreement with expected values



Structural phase transition in ion crystal

$$H = \sum_{i,\mu} \left(\frac{p_{i\mu}^2}{2m} + \frac{1}{2} m \omega_{\mu}^2 r_{i\mu}^2 \right) + \frac{1}{2} \sum_{i \neq j} \frac{e^2}{4\pi\varepsilon_0} \frac{1}{|\mathbf{r}_i - \mathbf{r}_j|}$$



$$H \approx H_0 = \hbar \omega_z \sum_n \sqrt{\gamma_n^x} a_n^{\dagger} a_n + \sqrt{\gamma_n^y} b_n^{\dagger} b_n + \sqrt{\lambda_n^z} c_n^{\dagger} c_n$$

Phase transition @ CP:

- One mode frequency $\rightarrow 0$
- Large non-harmonic contributions
- coupled Eigen-functions
- Eigen-vectors reorder to generate new structures



Ion crystal beyond harmonic approximations

$$\begin{split} H &= \sum_{i,\mu} \left(\frac{p_{i\mu}^2}{2m} + \frac{1}{2} m \omega_{\mu}^2 r_{i\mu}^2 \right) + \frac{1}{2} \sum_{i \neq j} \frac{e^2}{4\pi \varepsilon_0} \frac{1}{|\mathbf{r}_i - \mathbf{r}_j|} & \text{Marquet, Schmidt-Kaler, James, Appl.} \\ \mathbf{E}_{kin} \quad \mathbf{U}_{pot,harm.} \quad \mathbf{U}_{Coulomb} & \text{Phys. B 76, 199 (2003)} \\ H^{(3)} &= 3 \frac{20}{4l_z} \hbar \omega_z \sum_{n,m,p} \frac{D_{nmp}^{(3)}}{\sqrt[4]{\gamma_n^x \gamma_m^x \lambda_p^z}} (a_n + a_n^{\dagger}) (a_m + a_m^{\dagger}) (c_p + c_p^{\dagger}) \\ H^{(4)} &= 3 \left(\frac{20}{4l_z} \right)^2 \hbar \omega_z \sum_{n,m,p,q} D_{nmpq}^{(4)} \frac{(a_n + a_n^{\dagger})(a_m + a_m^{\dagger})}{\sqrt[4]{\gamma_n^x \gamma_m^x}} & Z_0 \text{ wave paket size} \\ & \left[\frac{(a_p + a_p^{\dagger})(a_q + a_q^{\dagger})}{\sqrt[4]{\gamma_p^x \gamma_q^x}} + \frac{2(b_p + b_p^{\dagger})(b_q + b_q^{\dagger})}{\sqrt[4]{\gamma_p^y \gamma_q^y}} & D_{nm,p} \text{ coupling matrix} \\ & - \frac{8(c_p + c_p^{\dagger})(c_q + c_q^{\dagger})}{\sqrt[4]{\lambda_p^z \lambda_q^z}} \right]. \end{split}$$



$$H_{\rm res}^{(3)} = \hbar \Omega_{\rm T} [a_{zz}^2 c_{\rm str}^\dagger + (a_{zz}^\dagger)^2 c_{\rm str}]$$
 Resonant inter-mod

.... remind yourself of nonlinear optics: frequency doubling, Kerr effect, selfphase modulation,



e coupling

Non-linear couplings in ion crystal

Ding, et al, PRL119, 193602 (2017)



Micro-motion

Problems due to micro-motion:



time

- relativistic Doppler shift in frequency measurements
- less scattered photons due to broader resonance line
- imperfect Doppler cooling due to line broadening
- AC Stark shift of the clock transition due to trap drive field Ω
- for larger # of ions: mutual coupling of ions can lead to coupling of secular frequency ω and drive frequency Ω .
- Heating of the ion motion
- for planar ion crystals non-equal excitation
- Shift of motional frequencies
- for atom-ion experiments, large collision energies

Kaufmann et al, PRL 109, 263003 (2012)

Feldker, et al, PRL 115, 173001 (2015) Ewald et al, PRL122, 253401 (2019)

Micro-motion

frequency Ω : Micro-motion Ion is shaken with the RF drive frequency

alters the optical spectrum of the trapped ion due to Doppler shift, Bessel functions $J_n(b)$ appear. Electric field seen by the ion:

 $E = \sum J_n(\beta) e^{-in\Omega t}$

a) broadening of the ion's resonance





PRL 81, 3631 (1998), PRA 60, R3335 (1999)

b) appearing of micro-motion sidebands



Compensate micro-motion

how to detect micro-motion:

- a) detect the Doppler shift and Doppler broadening
- → Fluorescence modulation technique:



ion oscillation leads a modulation in # of scattered photons. Synchron detection via a START (photon) STOP (W_{RF} trigger) measurement

b) detect micro-motional sidebands

→ Sideband spectroscopy



apply voltages here and shift the ion into the symetry center of the linear quadrupole



FIG. 4. Experimental fluorescence modulation signals for beam 1 of Fig. 3, using eight ions in the linear trap (points) and fit (solid line). Displacement of the ions from the trap axis along $(\hat{x} + \hat{y})/\sqrt{2}$ is (a) $0.9 \pm 0.3 \,\mu$ m, (b) 6.7 $\pm 0.4 \,\mu$ m, and (c) $-6.7 \pm 0.4 \,\mu$ m.

Laser cooling

Laser-ion interaction

Lamb Dicke parameter Strong and weak confinement regime

Rate equation model Cooling rate and cooling limit Doppler cooling of ions

Resolved sideband spectroscopy

Temperature measurement techniques Sideband Rabi oscillations Red / blue sideband ratio Carrier Rabi oscillations dark resonances observation of scatter light in far field Reaching the ground state of vibration

Basics: Harmonic oscillator

Why? The trap confinement is leads to three independend harmonic oscillators !

$$E = E_{kin} + E_{pot} = \frac{\vec{p}^2}{2m} + \frac{m}{2}\omega_{ax}^2 x^2$$

here only for the linear direction of the linear trap \rightarrow no micro-motion

treat the oscillator quantum mechanically and introduce a+ and a

$$x = \sqrt{\frac{\hbar}{2m\omega_{ax}}}(a + a^{\dagger}) \qquad p_x = i\sqrt{\frac{\hbar m\omega_{ax}}{2}}(a^{\dagger} - a)$$

and get Hamiltonian
$$H_{oscillator} = \hbar \omega_{ax}(a^{\dagger}a + \frac{1}{2})$$

Eigenstates *|n>* with:

$$H|n\rangle = \hbar\omega_{ax}(n+\frac{1}{2})|n\rangle \qquad \begin{aligned} a^{\dagger}|n\rangle &= \sqrt{n}|n-1\rangle \\ a|n\rangle &= \sqrt{n+1}|n+1\rangle \end{aligned}$$

Harmonic oscillator wavefunctions



Eigen functions

$$u(x) \sim H(n, x) e^{-x^2}$$

with orthonormal Hermite polynoms and energies:

$$E(n) = \hbar\omega_{ax}(n + \frac{1}{2})$$

Two – level atom

Why? Is an idealization which is a good approximation to real physical system in many cases



$$H_{atom} = \hbar \omega_{atom} (|e\rangle \langle e| - |g\rangle \langle g|)$$

= $\hbar \omega_{atom} \sigma_z$

two level system is connected with spin ½ algebra using the Pauli matrices

D. Leibfried, C. Monroe, R. Blatt, D. Wineland, Rev. Mod. Phys. 75, 281 (2003)

$$\begin{aligned} |g\rangle\langle g| + |e\rangle\langle e| &\to \widehat{I} \\ |g\rangle\langle e| + |e\rangle\langle g| &\to \widehat{\sigma_x} \\ i(|g\rangle\langle e| - |e\rangle\langle g|) &\to \widehat{\sigma_y} \\ |e\rangle\langle e| - |g\rangle\langle g| &\to \widehat{\sigma_z} \end{aligned}$$

Two – level atom

Why? Is an idealization which is a good approximation to real pyhsical system in many cases



together with the harmonic oscillator leading to the ladder of eigenstates |g,n>, |e,n>:

$$\begin{array}{c|c} |\underline{n-1,e}\rangle & \underline{|\underline{n,e}\rangle} & |\underline{n+1,e}\rangle \\ \vdots \\ \vdots \\ |\overline{n-1,g}\rangle & \overline{|n,g\rangle} & |\underline{n+1,g}\rangle \\ \hline \\ |evels \ \mathbf{not} \ \mathrm{coupled} \end{array}$$

Laser coupling

dipole interaction, Laser radiation with frequency ω_l , and intensity $|E|^2$

the laser interaction (running laser wave) has a spatial dependence:

$$ec{d} \cdot ec{E}
ightarrow ec{d} \cdot ec{E} e^{ikx}$$
 momentum kick, recoil: e^{ikx}

$$H_{ge} = \hbar \frac{\Omega_R}{2} (|g\rangle \langle e|e^{ikx} + |e\rangle \langle g|e^{-ikx})$$

= $\frac{1}{2} \hbar \Omega (\sigma^+ + \sigma^-) (e^{i(kx - \omega_l t + \phi)} + e^{-i(kx - \omega_l t + \phi)})$

Laser coupling

in the rotating wave approximation

$$\begin{split} H_{ge} &= \frac{1}{2} \hbar \Omega (\sigma^{+} e^{i(\eta(a+a^{\dagger})} e^{-i\omega_{l}t} + \sigma^{-} e^{-i\eta(a+a^{\dagger})} e^{\omega_{l}t}) \\ &\text{using } x = \sqrt{\frac{\hbar}{2m\omega_{ax}}} (a+a^{\dagger}) \end{split}$$
and defining the Lamb Dicke parameter η :
$$\eta = k \sqrt{\frac{\hbar}{2m\omega_{ax}}}$$

if the laser direction is at an angle ϕ to the vibration mode direction:



Raman transition: projection of $\Delta k = k_1 - k_2$



Interaction picture

$$H_{ge} = \frac{1}{2}\hbar\Omega(\sigma^{+}e^{i(\eta(a+a^{\dagger})}e^{-i\omega_{l}t} + \sigma^{-}e^{-i\eta(a+a^{\dagger})}e^{\omega_{l}t})$$

In the interaction picture defined by $U = e^{iHt/\hbar}$ we obtain for the Hamiltonian $H_I = U^{\dagger}HU$

$$H_{I} = \frac{1}{2} \hbar \Omega \left(e^{i\eta(\hat{a} + \hat{a}^{\dagger})} \sigma^{+} e^{-i\Delta t} + e^{-i\eta(\hat{a} + \hat{a}^{\dagger})} \sigma^{-} e^{i\Delta t} \right)$$

with $\hat{a} = ae^{i\omega t}$, $\Delta = \omega_{laser} - \omega_{atom}$ laser detuning Δ coupling states $|g, n\rangle \leftrightarrow |e, n'\rangle$ with vibration quantum numbers n, n'

Laser coupling



Lamb Dicke Regime



laser is tuned to the resonances:

carrier: $\Omega_{Rabi} (1 - \eta^2 (2n + 1))$ blue sideband: $\Omega_{Rabi} \eta \sqrt{n + 1}$ red sideband: $\Omega_{Rabi} \eta \sqrt{n}$

Wavefunctions in momentum space



kicked wave function is **non-**orthogonal to the other wave functions

Experimental example



carrier and sideband Rabi oscillations with Rabi frequencies

 Ω_{Rabi} and Ω_{Rabi} η



Outside Lamb Dicke Regime



"Strong confinement"



strong confinement – well resolved sidebands: Selective excitation of a single sideband only, e.g. here the red SB

"Weak confinement"



weak confinement:

Sidebands are not resolved on that transition. Simultaneous excitation of several vibrational states



Steady state population of |e>:

$$\rho_{ee}(t \to \infty) = \frac{(\Omega/2)^2}{\Delta^2 + (\gamma/2)^2 + 2(\Omega/2)^2} \simeq (\frac{\Omega}{\gamma})^2 \frac{1}{1 + (2\Delta/\gamma)^2} = (\frac{\Omega}{\gamma})^2 W(\Delta)$$

Rate equations of absorption

excitation probabilities in pertubative regime: incoherent excitation if $\Omega_{Rabi} << \gamma$

$$\rho_{ee}(t \to \infty) = \frac{(\Omega/2)^2}{\Delta^2 + (\gamma/2)^2 + 2(\Omega/2)^2}$$

$$\simeq (\frac{\Omega}{\gamma})^2 \frac{1}{1 + (2\Delta/\gamma)^2} = (\frac{\Omega}{\gamma})^2 W(\Delta)$$
photon scatter rate: $S = \gamma \rho_{ee}$
spont. decay rate: γ

Rate equations of absorption and emission

excitation probabilities in pertubative regime: incoherent excitation if $\Omega_{Rabi} << \gamma$

$$\rho_{ee}(t \to \infty) = \frac{(\Omega/2)^2}{\Delta^2 + (\gamma/2)^2 + 2(\Omega/2)^2}$$
$$\simeq (\frac{\Omega}{\gamma})^2 \frac{1}{1 + (2\Delta/\gamma)^2} = (\frac{\Omega}{\gamma})^2 W(\Delta)$$

photon scatter rate: $S = \gamma \rho_{ee}$ spont. decay rate: γ emission $\frac{|n,e\rangle}{\eta^2 n\gamma} \sqrt{\frac{\gamma^2}{\gamma^2}} \sqrt{\frac{\gamma^2}{\gamma^2}} \sqrt{\frac{\eta^2(n+1)\gamma}{\gamma^2}}$

take all physical processes that change n, in lowest order of η



S. Stenholm, Rev. Mod. Phys. 58, 699 (1986)

Rate equations for cooling and heating



probability for population in |g,n>: loss and gain from states with |±n>

$$\dot{P}_{g,n} = \eta^2 \gamma(\frac{\Omega}{\gamma})^2 \cdot \begin{pmatrix} -nW(\Delta)P_n & -(n+1)W(\Delta)P_n \\ -nW(\Delta+\omega)P_n & -(n+1)W(\Delta-\omega)P_n \\ +(n+1)W(\Delta)P_{n+1} & +nW(\Delta)P_{n-1} \\ +(n+1)W(\Delta+\omega)P_{n+1} & +nW(\Delta-\omega)P_{n-1} \\ & \text{cooling} & \text{heating} \end{pmatrix} \text{ loss}$$

S. Stenholm, Rev. Mod. Phys. 58, 699 (1986)

Rate equation



How to reach $A_- > A_+ \Longrightarrow W(\Delta + \omega) > W(\Delta - \omega) \Longrightarrow$ red detuning $\Delta < 0$

$$\dot{m} = \langle \dot{n} \rangle = \sum n \frac{dP_n}{dt} =$$

$$\sum_{n=1}^{\infty} A_{-}P_{n+1}(n+1)(n) - A_{-}P_{n}(n)(n) + A_{+}P_{n-1}(n)(n) + A_{+}P_{n}(n+1)(n)$$

$$= A_{-}(P_{2} \cdot 2 \cdot 1 + P_{3} \cdot 3 \cdot 2 + \dots - P_{1} \cdot 1 \cdot 1 - P_{2} \cdot 2 \cdot 2 - \dots) + A_{+}(P_{0} \cdot 1 \cdot 1 + P_{1} \cdot 2 \cdot 2 + \dots - P_{1} \cdot 2 \cdot 1 - P_{2} \cdot 3 \cdot 2 - \dots)$$

$$= A_{-}(P_{1} - P_{2} \cdot 2 - P_{3} \cdot 3...) + A_{+}(P_{0} + P_{1} \cdot 2 - P_{2} \cdot 3 - P_{3} \cdot 4...)$$

$$= -A_{-} \sum n \cdot P_{n} + A_{+} \sum (n+1) \cdot P_{n}$$
$$= -A_{-} \langle n \rangle + A_{+} \langle n \rangle + A_{+} \cdot \sum P_{n}$$
$$= -A_{-} \langle n \rangle + A_{+} \langle n \rangle + A_{+}$$

$$\langle \dot{n} \rangle = 0 \implies \langle n \rangle = \frac{A_+}{A_- - A_+}$$

hurra !



"Weak confinement"



weak confinement:

Sidebands are not resolved on that transition. Small differences in $W(\Delta \pm \omega), W(\Delta - \omega)$

detuning for optimum cooling $\Delta = -\gamma/2$

$$\langle n \rangle_{ss} = \frac{\gamma/2}{\omega_{trap}}$$

"Weak confinement"



"Strong confinement"



strong confinement – well resolved sidebands: detuning for optimum cooling

$$\Delta = -\omega_{trap} \implies \langle n \rangle_{ss} \approx (\frac{\gamma/2}{\omega_{trap}})^2 << 1$$

"Strong confinement"



strong confinement – well resolved sidebands: detuning for optimum cooling

$$\Delta = -\omega_{trap} \implies \langle n \rangle_{ss} \approx (\frac{\gamma/2}{\omega_{trap}})^2 << 1$$

Cooling limit







off resonant blue SB excitation $\Delta = -2\omega_{trap}$ leads to heating: $\gamma_{eff} (\eta_{laser} \Omega)^2 / (4\omega_{trap})^2$

$$\dot{p_0} = p_1 \frac{(\eta_{laser}\Omega)^2}{\gamma_{eff}} - p_0 \ (\frac{\Omega}{2\omega_{trap}})^2 \eta_{spont}^2 \gamma_{eff} - p_0 \ (\frac{\eta_{laser}\Omega}{4\omega_{trap}})^2 \gamma_{eff}, \quad \dot{p_0} = -\dot{p_1}$$
with: $\dot{p_0} = 0, p_1 = 1 - p_0$

$$n \approx p_1 \approx (\frac{\gamma_{eff}}{2\omega_{trap}})^2 ((\frac{\eta_{spont}}{\eta_{laser}})^2 + \frac{1}{4})$$

typical experimental parameters: $n \approx (\frac{5kHz}{5MHz})^2((\frac{0.05}{0.02})^2 + \frac{1}{4}) \approx 5 \times 10^{-6}$

Resolved sideband spectroscopy

Select narrow optical transition with: $0.2..20MHz \sim \omega_{trap} >> \gamma$

- a) Quadrupole transition
- b) Raman transition between Hyperfine ground states
- c) Raman transition between Zeeman ground states
- d) Octopole transition
- e) Intercombination line
- f) RF transition

Species and Isotopes:

for (a)	⁴⁰ Ca, ⁴³ Ca, ¹³⁸ Ba, ¹⁹⁹ Hg, ⁸⁸ Sr,
for (b)	⁹ Be, ⁴³ Ca, ¹¹¹ Cd, ²⁵ Mg
for (c)	⁴⁰ Ca, ²⁴ Mg,
for (d)	^{172/172} Yb,
for (e)	¹¹⁵ In, ²⁷ AI,
for (f)	¹⁷¹ Yb,

Level scheme of ⁴⁰Ca⁺



Ion energy levels



Ion energy levels

Specroscopy pulse followed by detection of qubits:

Scatter light near 397nm: $S_{1/2}$ emits fluorescence $D_{5/2}$ remains dark



Energy